



Professional Education in Breastfeeding and Lactation 2020

Presented by Evergreen Perinatal Education

EXCELLENCE IN CARE WITH THE TEN STEPS

Two 2-day workshops

For M Health Fairview staff. Open to others as space permits. Email us to be put on the waiting list.

- 1 May 5-6, 8:30 a.m. - 5 p.m.
International Room,
M Health Fairview
Southdale Hospital
- 2 October 20-21, 8:00 a.m. - 4:30 p.m.
Conference Room A
M Health Fairview
Woodwinds Hospital

Attendance is required on both days. No partial credits will be given.

This two-day workshop advances evidence-based infant feeding policies and practices in the hospital or clinic. The course also provides the education cornerstone for hospitals who wish to pursue the designation of "Baby-Friendly." Explore the rapidly changing role of all healthcare professionals in caring for pregnant and new families. The workshop is designed to help hospitals and communities provide the basics of early breastfeeding care, with a focus on implementing The Ten Steps to Successful Breastfeeding.

Presented by Molly Pessl, RN, BSN, IBCLC, FILCA, an internationally recognized expert in maternity and pediatric care and lactation. Molly is the owner and director of Evergreen Perinatal Education.

FOUNDATIONS FOR BEST PRACTICE IN LACTATION CARE

Five-day course

October 12-16, 8 a.m. - 5 p.m.
Humphrey School of Public Affairs
Josie Johnson Community Room
301 19th Ave. S.
Minneapolis, MN 55455

A complete core program to begin practice in evidence-based breastfeeding and lactation care.

This five-day course is essential education for any healthcare professional or person who works with new parents and their newborns, or as the beginning process for becoming a lactation consultant (IBCLC). This in-depth course enables participants to provide accurate, current and consistent information about breastfeeding and lactation and to support new families in feeding their babies from birth through the process of weaning. Presented by Molly Pessl, RN, BSN, IBCLC, FILCA, Christine Muenz, BA, MA, CLE, and Stephanie Wagner, RN, BSN, IBCLC, RLC.

REGISTER AT
[MHEALTH.ORG/
LACTATIONCOURSES](https://mhealth.org/lactationcourses)

TWO DAY COURSE FEES

- Fairview and UMPPhysicians employees may be able to attend at low- or no-cost and should contact their manager or learning specialist to enroll.
- All others \$249

FIVE DAY COURSE FEES

- Early Bird Registration (before Sept. 14): \$899
- After Sept. 14: \$949
- Fairview or UMPPhysicians employees: \$599
- Students: \$599
- Group (three or more from same agency): \$899 per person

FOR ADDITIONAL INFORMATION:
Patient and Family Support Services
University of Minnesota Medical Center
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MB 449
Minneapolis, MN 55454
612-672-4119
mspitza1@fairview.org