



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

International Board of Lactation Consultant Examiners (IBLCE) International Board Certified Lactation Consultant (IBCLC) Detailed Content Outline with Evergreen Perinatal Education Course		
Total Course Hours	Evergreen Perinatal Education Course Name	Detailed Content Outline CERP's
I. Development and Nutrition		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	14
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	1
Provider Ten Step Education		
4	Best Practice: Managing Early Feeding Challenges	1
Additional Modules		
3	Getting Breastfeeding Started with Evidence-Based Care: Mother-Friendly Birth Practices	1
3	Feeding the Very Preterm Infant: The Baby Born at 24 to 34 Weeks	1
3	Milk Banking	3
3	The Hormones of Milk Production	1
3	Milk Sharing	3
Communication Modules		
Individual “Foundations for Best Practice” Modules		
2	Prenatal Assessment for Breastfeeding: What to Look for in the Physical Exam	2
2	The Wonders of Human Milk: Why Breastmilk and Breastfeeding Matter	2
2	Human Milk and the Development of the Immune System: Consequences of Formula Feeding	1
2	Normal Breastfeeding Patterns and Growth and Development: The Baby 0-3 Months Old	2
2	The Anatomy and Hormones of Milk Production: The Influence of Early Care	1
2	Common Questions about Nutrition During Lactation	2
2	Caring for Babies Who are Born Early Breastfeeding the Preterm, and the Very Preterm Infant	2
2	Growth and Development: 3-6 Months Old	2

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

Total Course Hours	Evergreen Perinatal Education Course Name	Detailed Content Outline CERP's
I. Development and Nutrition ctnd.		
Individual "Foundations for Best Practice" Modules ctnd.		
3	Insufficient Milk Volumes & Slow Gaining Infants: Is it Intake or Supply?	1
2	Breastfeeding Six Months and Beyond: The Biologic End of Breastfeeding	1
II. Physiology and Endocrinology		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	4
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	1
Provider Ten Step Education		
Additional Modules		
3	The Hormones of Milk Production	2
Communication Modules		
Individual "Foundations for Best Practice" Modules		
2	The Anatomy and Hormones of Milk Production: The Influence of Early Care	1
III. Pathology		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	7
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	2
Provider Ten Step Education		
4	Best Practice: Managing Early Feeding Challenges	1
Additional Modules		
Communication Modules		
Individual "Foundations for Best Practice" Modules		
2	Challenging Feedings: Good Problem Solving	2
2	Early Clinical Challenges: Nipple Pain Beyond Physiologic Nipple and Breast Infection	2
2	Non-Infection Mastitis: Engorgement, Plugged Ducts Chronic Inflammation	2

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

Total Course Hours	Evergreen Perinatal Education Course Name	Detailed Content Outline CERP's
III. Pathology ctnd.		
Individual "Foundations for Best Practice" Modules ctnd.		
2	Caring for the Infant with Hyperbilirubinemia: What Role Does Breastfeeding Play?	2
IV. Pharmacology and Toxicology		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	4
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	1
Provider Ten Step Education		
Additional Modules		
Communication Modules		
Individual "Foundations for Best Practice" Modules		
2	Common Questions about Medications During Lactation	2
V. Psychology, Sociology, and Anthropology		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	9
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	2
Provider Ten Step Education		
Additional Modules		
3	Getting Breastfeeding Started with Evidence-Based Care: Mother-Friendly Birth Practices	1
3	The Art of Helping Women with First Feedings	1
3	Lactation Support and the LGBTQ+ Community	2
Communication Modules		
3	Essential Messages for the Families We Serve: One-Liners for Lactation Professionals	1
6	IBLCE Communication Bundle	1
Individual "Foundations for Best Practice" Modules		
2	Culture: Belief or Best Practice or Both?	2
2	Getting Families Started Breastfeeding: Evidence-Based Care	1
2	Safe Sleep and the Conflict with Biology and Culture	2

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

Total Course Hours	Evergreen Perinatal Education Course Name	Detailed Content Outline CERP's
V. Psychology, Sociology, and Anthropology ctnd.		
Individual "Foundations for Best Practice" Modules ctnd.		
2	Relationships in the Breastfeeding Family	2
2	Breastfeeding Women Who Return to Work: Describe Some of the Challenges of Breastfeeding and Working Outside the Home	2
2	Breastfeeding Six Months and Beyond: The Biologic End of Breastfeeding	1
VI. Techniques		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	4
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	3
Provider Ten Step Education		
4	Best Practice: Managing Early Feeding Challenges	1
Additional Modules		
3	Getting Breastfeeding Started with Evidence-Based Care: Mother-Friendly Birth Practices	1
3	The Art of Helping Women with First Feedings	1
3	Feeding the Very Preterm Infant: The Baby Born at 24 to 34 Weeks	1
2	Research that has Influenced Practice: A look at the Breastfeeding Literature	1
Communication Modules		
6	IBLCE Communication Bundle	
Individual "Foundations for Best Practice" Modules		
2	Getting Families Started Breastfeeding: Evidence-Based Care	1
2	Position and Attachment for First Feedings: Evidence or Opinion?	2
2	Late Preterm (34-37 Weeks) and "Supposedly" Term (37-38 Weeks) Infant: Now Official "Early Term" Somewhere Between Term & Preterm Infants	2

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

Total Course Hours	Evergreen Perinatal Education Course Name	Detailed Content Outline CERP's
VII. Clinical Skills		
Foundations for Best Practice in Lactation		
49	Foundations for Best Practice in Lactation Care – FULL PROGRAM	7
Excellence in Care with the Ten Steps		
15	Excellence in Care with The Ten Steps	5
Provider Ten Step Education		
4	Best Practice: Managing Early Feeding Challenges	1
Additional Modules		
3	The Art of Helping Women with First Feedings	1
3	Feeding the Very Preterm Infant: The Baby Born at 24 to 34 Weeks	1
3	Lactation Support and the LGBTQ+ Community	1
2	Research that has Influenced Practice: A look at the Breastfeeding Literature	1
2	Documentation During a Lactation Consult	2
Communication Modules		
3	Avoiding Conflicting Advice for Breastfeeding Families: The Art and Ethics of Communication	3
3	Essential Messages for the Families We Serve: One-Liners for Lactation Professionals	2
6	IBLCE Communication Bundle	5
Individual "Foundations for Best Practice" Modules		
2	Talking to Pregnant Women about Feeding their Babies: Breastfeeding Promotion	2
2	Human Milk and the Development of the Immune System: Consequences of Formula Feeding	1
2	Tools of the Trade	2
3	Insufficient Milk Volumes & Slow Gaining Infants: Is it Intake or Supply?	2

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>