



Evergreen Perinatal Education Course Offerings

With IBLCE Detailed Content Outline CERPS

Evergreen Perinatal Education Course Offerings with International Board of Lactation Consultant Examiners® (IBLCE®) International Board Certified Lactation Consultant® (IBCLC®) Detailed Content Outline Cerps

Foundations for Best Practice in Lactation Care – 48 Hours

Foundations for Best Practice in Lactation Care – FULL PROGRAM

Development and Nutrition	14
Physiology and Endocrinology	4
Pathology	7
Pharmacology and Toxicology	4
Psychology, Sociology, and Anthropology	9
Techniques	4
Clinical Skills	7

Excellence in Care with The Ten Steps – 15 Hours

Excellence in Care with The Ten Steps

Development and Nutrition	1
Physiology and Endocrinology	1
Pathology	2
Pharmacology and Toxicology	1
Psychology, Sociology, and Anthropology	2
Techniques	3
Clinical Skills	5

Provider Ten Step Education – 4 Hours

Best Practice: Managing Early Feeding Challenges

Development and Nutrition	1
Pathology	1
Techniques	1
Clinical Skills	1

For assistance with developing a personalized curriculum to meet your Detailed Course Outline needs please visit <http://www.evergreenperinataleducation.com/contact/>



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Additional Modules – 3 Hours (unless otherwise noted)

Talking with Pregnant Women About Feeding Their Babies

Development and Nutrition 3

Getting Breastfeeding Started with Evidence-Based Care: Mother-Friendly Birth Practices

Development and Nutrition 1

Psychology, Sociology, and Anthropology 1

Techniques 1

Give Me Some Skin! Is Skin-to-Skin Care Fluff or Science?

Development and Nutrition 1

Physiology and Endocrinology 1

Techniques 1

The Art of Helping Women with First Feedings

Psychology, Sociology, and Anthropology 1

Techniques 1

Clinical Skills 1

Feeding the Very Preterm Infant: The Baby Born at 24 to 34 Weeks

Development and Nutrition 1

Techniques 1

Clinical Skills 1

Milk Banking

Development and Nutrition 3

Lactation Support and the LGBTQ+ Community

Psychology, Sociology, and Anthropology 2

Clinical Skills 1

The Hormones of Milk Production

Development and Nutrition 1

Physiology and Endocrinology 2

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Additional Modules – 3 Hours (unless otherwise noted) ctnd.

Milk Sharing

Development and Nutrition	3
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Research that has Influenced Practice: A look at the Breastfeeding Literature (2 hours)

Physiology and Endocrinology	1
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Techniques	1
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Clinical Skills	1
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Documentation During a Lactation Consult (2 hours)

Clinical Skills	
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Communication Modules – 3 Hours (unless otherwise noted)

Avoiding Conflicting Advice for Breastfeeding Families: The Art and Ethics of Communication

Clinical Skills	3
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Essential Messages for the Families We Serve: One Liners for Lactation Professionals

Psychology, Sociology, and Anthropology	1
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Clinical Skills	2
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IBLCE Communication Bundle (6 hours – complete bundle, save 20%)

Psychology, Sociology, and Anthropology	1
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Clinical Skills	5
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Individual “Foundations for Best Practice” Modules – 2 Hours (unless otherwise noted)

Talking to Pregnant Women about Feeding their Babies: Breastfeeding Promotion

Clinical Skills	2
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Culture: Belief or Best Practice or Both?

Psychology, Sociology, and Anthropology	2
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Prenatal Assessment for Breastfeeding: What to Look for in the Physical Exam

Development and Nutrition	2
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The Wonders of Human Milk: Why Breastmilk and Breastfeeding Matter

Development and Nutrition	2
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Individual “Foundations for Best Practice” Modules – 2 Hours (unless otherwise noted) ctnd.

Human Milk and the Development of the Immune System: Consequences of Formula Feeding

Development and Nutrition 1

Clinical Skills 1

Getting Families Started Breastfeeding: Evidence-Based Care

Psychology, Sociology, and Anthropology 1

Techniques 1

Position and Attachment for First Feedings: Evidence or Opinion?

Techniques 2

Normal Breastfeeding Patterns and Growth and Development: The Baby 0-3 Months Old

Development and Nutrition 2

The Anatomy and Hormones of Milk Production: The Influence of Early Care

Development and Nutrition 1

Physiology and Endocrinology 1

Challenging Feedings: Good Problem Solving

Pathology 2

Early Clinical Challenges: Nipple Pain Beyond Physiologic Nipple and Breast Infection

Pathology 2

Common Questions about Nutrition During Lactation

Development and Nutrition 2

Caring For Babies Who are Born Early: Breastfeeding the Preterm, Very Preterm Infant

Development and Nutrition 2

Common Questions about Medications During Lactation

Pharmacology and Toxicology 2

The Late Preterm and "Supposedly" Term Infant: Now Official "Early Term" Somewhere Between Term & Preterm Infants

Techniques 2

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Individual “Foundations for Best Practice” Modules – 2 Hours (unless otherwise noted) ctnd.

Tools of the Trade

Clinical Skills 2

Non-Infectious Mastitis: Engorgement, Plugged Ducts Chronic Inflammation

Pathology 2

Safe Sleep and the Conflict with Biology and Culture

Psychology, Sociology, and Anthropology 2

Growth and Development: 3-6 Months Old

Development and Nutrition 2

Caring for the Infant with Hyperbilirubinemia: What Role Does Breastfeeding Play?

Pathology 2

Insufficient Milk Volumes & Slow Gaining Infants: Is it Intake or Supply? (3 hours)

Development and Nutrition 1

Clinical Skills 2

Relationships in the Breastfeeding Family

Psychology, Sociology, and Anthropology 2

Breastfeeding Women Who Return to Work: Describe Some of the Challenges of Breastfeeding and Working Outside the Home

Psychology, Sociology, and Anthropology 2

Breastfeeding Six Months and Beyond: The Biologic End of Breastfeeding

Psychology, Sociology, and Anthropology 2

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