

EVERGREEN PERINATAL EDUCATION
FOUNDATIONS FOR BEST PRACTICE IN LACTATION CARE

AGENDA DAY FIVE
(8:00 - 5:00)

Breastfeeding & Families

Partners and breastfeeding babies

Partners and postpartum women

Postpartum adaptation, mood disorders, depression and breastfeeding

Breastfeeding and Working Outside the Home

Myths about work and continuing to breastfeed

What the research shows

Practical suggestions for dealing with the challenges

Learning to be “Baby Friendly”

Does It All Make a Difference?

What happens when hospitals implement Baby Friendly practices

Miscellaneous Breastfeeding Problems and Unfinished Questions

Opportunity to ask last questions about breastfeeding

“The End:” Biological Weaning from the Breast

Patterns of breastfeeding 6 months and beyond

Eating other foods

When and how breastfeeding ends

Helping families deal with cultural and professional attitudes

Final Course Evaluation

Certificates will be dispensed at the end of the course when evaluations are completed and handed in.

Please DO NOT LOSE your certificate! Thank you!