

# PROFESSIONAL EDUCATION IN BREASTFEEDING AND LACTATION 2019

PRESENTED BY EVERGREEN PERINATAL EDUCATION

## Excellence in Care with The Ten Steps

### Two 2-day workshops

May 7-8, 8 a.m. - 5 p.m.

Oct. 29-30, 8 a.m. - 5 p.m.

Attendance is required on both days, no partial credits will be given.

Josie Johnson Community Room (Conference Room 180)  
301 19th Ave. S., Minneapolis, MN 55455

This two-day workshop advances evidence-based infant feeding policies and practices in the hospital or clinic. The course also provides the education cornerstone for hospitals who wish to pursue the designation of "Baby-Friendly." Explore the rapidly changing role of all healthcare professionals in caring for pregnant and new families. The workshop is designed to help hospitals and communities provide the basics of early breastfeeding care, with a focus on implementing The Ten Steps to Successful Breastfeeding.

Presented by Molly Pessl, RN, BSN, IBCLC, FILCA, an internationally recognized expert in maternity and pediatric care and lactation. Molly is the owner and director of Evergreen Perinatal Education.

## Foundations for Best Practice in Lactation Care

### Five-day course

October 21-25, 8 a.m. - 5 p.m.

Josie Johnson Community Room (Conference Room 180)  
301 19th Ave. S., Minneapolis, MN 55455

A complete core program to begin practice in evidence-based breastfeeding and lactation care. This five-day course is essential education for any healthcare professional or person who works with new mothers and their newborns, or as the beginning process for becoming a lactation consultant (IBCLC). This in-depth course enables participants to provide accurate, current and consistent information about breastfeeding and lactation and to support new families in feeding their babies from birth through the process of weaning. Presented by Molly Pessl, RN, BSN, IBCLC, FILCA, and Christine Muenz, BA, MA, CLE.

## More about Evergreen Perinatal Education

For course objectives, agenda, content, educational credits and faculty information for both courses, visit [evergreenperinataleducation.com](http://evergreenperinataleducation.com).

Visit [MHealth.org/lactationcourses](http://MHealth.org/lactationcourses) for more information.

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## Registration and Fees

Register at  
[mhealth.org/lactationcourses](http://mhealth.org/lactationcourses)

### Two-day course fees:

- Fairview and UMPhysicians employees may attend at low- or no-cost and should contact their manager or learning specialist to enroll.
- All others \$249

### Five-day course fees:

- Early Bird Registration (before Sept. 30): \$899
- After Sept. 30: \$949
- Fairview or UMPhysicians employees: \$599
- Students: \$599
- Group (three or more from same agency): \$899 per person

### For additional information:

Patient and Family Support Services  
University of Minnesota Medical Center  
2450 Riverside Ave. S, MB 449  
Minneapolis, MN 55454  
612-672-4119  
[mspitz1@fairview.org](mailto:mspitz1@fairview.org)

