



Baby-Friendly Hospital Consulting

SAMPLE SCHEDULE

This format and proposed schedule is very flexible and not meant to be overwhelming. It can be tailored to accommodate the busy hospital environment.

DAY ONE

- Introductory meeting with key hospital administrators and managers
- Review infant feeding policy and related procedures
- Mini assessment
 - Unit tour
 - Review of infant care and feeding practices
 - Interview staff, managers
 - Interview mothers
 - Meet with purchasing department regarding purchase of infant feeding supplies
- Review prenatal education curriculum

DAY TWO

- Review plan for staff education
- Meet with members of BFHI committee
 - Orient or assist designated users in navigating the Baby-Friendly USA website
 - Organizational strategies for managing project paperwork
- Motivational staff meeting
- Summary meeting with key people
 - Review areas of strength and those requiring additional focus
- Provide helpful strategies, resources, materials & guidance for facility's next steps

FOLLOW-UP

- Six months of personal contact via email, Skype or phone to provide support, information and guidance as your facility moves through the process of implementing the *Ten Steps to Successful Breastfeeding*.