

# Clinical Applications in Lactation Care



## **Melbourne** 2-3rd Feb

Novotel Melbourne on Collins  
270 Collins Street, Melbourne VIC 3000

## **Sydney** 6-7th Feb

Rydges Central Sydney  
28 Albion Street, Surry Hills NSW 2010

## **Brisbane** 9-10th Feb

Hotel Grand Chancellor Brisbane  
23 Leichhardt St, Spring Hill QLD 4000

# Clinical Applications in Lactation Care

A Two-Day, Practice-Oriented, Intensive

## Course Description

Return to the classroom for a two-day, in-person course for sharpening assessment and patient care skills. Clinical Applications provides a summary of your didactic education and clinical experience, focusing on case studies and the critical thinking required for those who are working with infant and child feeding issues in maternal-child health. Clinical Applications can be your final step in preparation for the IBLCE exam, or it can be an opportunity for any professional experienced in lactation care to collaborate with other experienced clinicians and problem solve case studies.

In addition to continuing education hours, these two days will provide:

- Networking opportunities
- Opportunities to reflect on and grow from clinical practice experiences.
- Ideas for how to reduce conflicting advice.
- Roundtable dialogue on challenging lactation cases and evidence-based recommendations.
- IBLCE Code of Ethics discussions for consideration and implementation (plus 3 Ethics CERPs!)

Please note: Single day registrations are not available for this Seminar.

# Program

Registrations open 8am for an 8.45 start – Tea/coffee provided  
Breaks include: Lunch at 12.30 and 15 mins for morning & afternoon  
Conference closes 4.45 each day.

## DAY ONE

### **Conflicting Advice and How to Avoid It**

Families often say, "Everybody tells us something different about breastfeeding!". They describe breastfeeding as difficult and confusing. This session will ask why there is so much conflicting information and consider ways to prevent this through changes in practice.

### **How To Get Good at Facilitating Change**

What is your biggest work challenge? This interactive session will look at how to identify a work-related problem that is causing stress for you, your colleagues, or the families you work with. We'll explore ways to implement effective changes through simple, evidence-based steps.

### **Complex Case Studies – Practice decisions when confronted with challenging cases (Part One)**

We will present a variety of cases that may challenge our clinical skills or our professional ethics.

### **The Trouble with Tools**

When do they help? When do they hinder? As we acquire more devices and new technology, how do we discern which ones help and which cause problems of their own? We will discuss the use of alternative feeding methods, nipple shields, weighing babies, and pumping.

### **Top Ten Research Articles of the Past 5 Years – (Part One)**

A quick review of what's new and exciting, with some tips about finding and understanding research articles.

## DAY TWO

### **Working Our Way Through the Mastitis Spectrum: Interpreting and utilizing the new Academy of Breastfeeding Medicine protocol**

The 2022 publication of a new protocol has created a bit of a buzz in the lactation world. Let's take a good look at what it really says, consider if we need to make practice changes and decide what needs more study and evaluation.

### **PCOS, Obesity and Metabolic Syndrome**

As the rate of obesity increases, and is termed a global epidemic, how does this impact breastfeeding? An in-depth look at what we know and how we can help.

### **Complex Case Studies – Practice decisions when confronted with challenging cases (Part Two)**

We will present a variety of cases that may challenge our clinical skills or our professional ethics.

### **Top Ten Research Articles of the Past 5 Years: (Part Two)**

A quick review of what's new and exciting.

### **“The View from the Mountaintop”**

This session will look at where we all started and ask where we go from here.

## **Accreditation**

IBLCE Approval: CL2021-IAU (10 L CERPs & 3 E CERPs – total 13 CERPs)

Australian College of Midwives CPD Endorsed Activity  
13 CPD hours

# Speakers



## **Molly Pessl** BSN, IBCLC, FILCA

Molly is a registered nurse, childbirth educator and IBCLC. She has spent most of her 60+ year nursing career with a focus on family-centered maternity care. After 5 years as a health educator, clinician and lactation consultant for a hospital midwifery service, Molly moved to Evergreen Hospital Medical Center in Kirkland, Washington, a suburb of Seattle. During her years there, Molly developed comprehensive parent and professional education programs, a regional breastfeeding center, a postpartum follow-up clinic and Baby-Parent Groups. These programs led to the first US designation of "Baby Friendly" by UNICEF and the World Health Organization. Molly served on the US Breastfeeding Committee and the International Board of Lactation Consultant Examiners and is a past president of that board. Molly is currently the owner/director of Evergreen Perinatal Education, a consulting and education program for health professionals.



## **Ginna Wall** RN, MN, IBCLC

Ginna is an experienced registered nurse with a background in high-risk perinatal and pediatric nursing. She is certified as an IBCLC and led the University of Washington Medical Center to Baby-Friendly certification. Ginna has served on the editorial board of the Journal of Human Lactation and on the Lactation Consultant exam committee. She has co-authored several lactation articles and book chapters. She enjoys bringing evidence-based, family-friendly new ideas to the hospital and community. She received the March of Dimes Nurse of the Year Distinguished Career Award in December 2006 and the Breastfeeding Coalition of Washington Spirit of Service Award in May 2007.

# Registration

It's easier to book online!

To book online go to:  
**breastfeedingconferences.com.au**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Place of work \_\_\_\_\_

Special dietary needs \_\_\_\_\_

## Pricing

Full Registration (2 days) – **\$480**

Earlybird Price – **\$450** (If registered by Dec 10th 2022)

I am registering for (please circle one):

**Melbourne | Brisbane | Sydney**

**TOTAL AMOUNT: \$** \_\_\_\_\_

## Payment options

Cheque  Money Order  Credit Card

Card type:  Visa  Mastercard

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Please forward completed form and payment (cheque or money order) to:  
Barbara Glare, 19 Noble Dr Warrnambool Vic 3280 ABN 83 820 560 346

**breastfeedingconferences.com.au**